How to check whether the length will fit you:
1. Check the kimono length of the items you want to buy.
2. Measure length from the base of your neck to your heel.
3. If (kimono length) minus (length from neck to heel) is:
   - Over 11.8 inches (30cm); wear the kimono by tucking it up quite far at the waist.
   - Between 7.8 inches (20cm) and 11.8 inches (30cm); wear the kimono by tucking it up a normal amount at the waist.
   - Around 3.9 inches (10cm); wear the kimono by only tucking it up a tiny bit at the waist.
   - Almost 0 inches (0cm); wear the kimono without tucking it up at all.

How to check whether the waist will fit you:
1. Measure your hips.
2. Check the clothing width of items you want to buy.
3. If (clothing width) minus (your hip size) is:
   - Over 15.7 inches (40cm); the item will fit you well.
   - Between 9.8 inches (25cm) and 15.3 inches (39cm); the item will fit but may be a little tight.
   - Less than 9.8 inches (25cm); this item won’t fit you. Please choose another size.

How to check whether the sleeves will be long enough:
1. Check the sleeve length of any items you want to buy.
   (The sleeve length on a kimono is measured from the center seam on the back of the kimono (at the base of the neck) to the end of the sleeve.)
2. The sleeve length should be long enough to reach between your elbow and wrist.
   - *Unlike Western clothing, the sleeves on yukata kimonos and Japanese kimonos are made to be a little short.